DISCOVERY Connect

Center For Discovery is committed to keeping clients, families, and treatment providers involved throughout treatment and recovery.

HIPAA COMPLIANT

FREE ONLINE COURSES

TREATMENT PROGRESS REPORTS ANYTIME, ANYWHERE

RESEARCH AND OUTCOMES

ONLINE RECOVERY SUPPORT

DISCOVERY IN RECOVERY

FREE | ***Open to the Public***

Thusdays, 7:00pm | 13205 Philadelphia St. Whittier, CA

TESTIMONIALS

See what others are saying about our Teen Substance Abuse Program

They gave me the tools I needed to form a relationship with my dad, communicate effectively with my mom, and gave me a foundation on which to build sobriety.

– Alex B.

Their knowledge and concern for our family and especially my daughter was amazing.

– Connie R.

It saved my life and my relationships. It gave me a second chance to live my life. It changed my outlook on life.

– McKenzie P.

LOCATIONS

866.480.3475

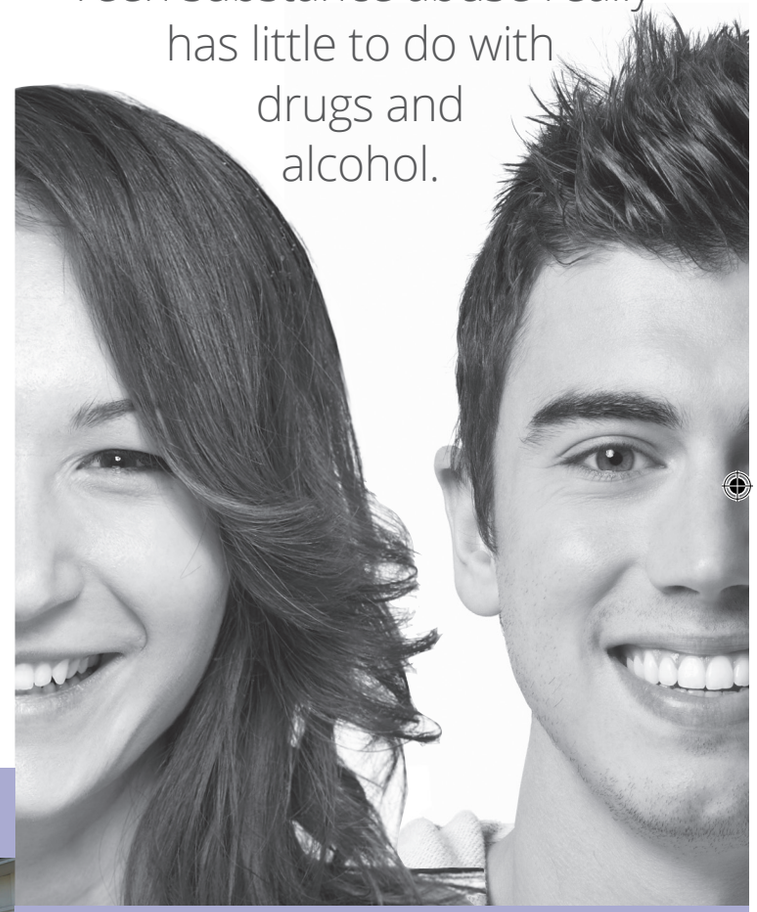
www.DiscoveryTeenTreatment.com

CENTER FOR DISCOVERY

Resilience

TEEN MENTAL HEALTH TREATMENT

Teen substance abuse really has little to do with drugs and alcohol.



Discover ***why***

Substance Abuse & Co-Occurring Disorders
Residential Treatment

866.480.3475

www.DiscoveryTeenTreatment.com

CLINICAL PROGRAM

Evidence-Based Treatment

Individualized, evidence-based treatment for adolescents with Substance Abuse, Anxiety, Depression, Bipolar, Trauma, Self-Harm, and Adoption or Attachment Issues.

Specialized Therapies

Expressive arts, music, recreational, and equine-assisted psychotherapy provide a holistic treatment experience.

Family-Centered Programming

We keep families involved every step of the way through weekly family therapy, multifamily group, weekend workshops, individualized family experientials, and access to online psychoeducational courses and treatment progress.

Academic Support

Dedicated educational liaisons support students to achieve their academic goals and assist in obtaining Individual Educational Plans (IEPs) if appropriate while keeping the focus on treatment.

Medication Management

Medication management by board certified psychiatrists including individual sessions, medication education, psychopharmacology groups, and collaboration with families and outpatient providers.

DISCOVERY DIFFERENCE

20 Year Legacy of Clinical Excellence

In-Network with All Major Insurance Companies

Free Confidential Assessments

Dual Diagnosis Treatment

Ongoing Support

Free Weekly Support Groups

Joint Commission Accredited

RED FLAGS

It is important to know what signs and symptoms to look for when you suspect your teen may be using drugs or alcohol. Below are several signs that they may be struggling and need help:

- Increases or decreases in sleep or energy
- Changes in mood
- Increased irritability
- Being manipulative
- Changes in friends
- Bloodshot eyes, pupils larger or smaller than usual
- Secretiveness
- Dishonesty
- Curfew violations
- Slurred speech, or impaired coordination
- Poor hygiene
- Unusual smells on breath, body, or clothing
- Recklessness
- Sudden drop in school performance
- Truancy
- Leaving home without permission
- Apathy or lack of motivation
- Fearful, anxious, or paranoid, with no reason
- Missing school
- Problems at school
- Suspicious phone calls or texts
- Stealing or borrowing money